ADVENT SPIRITUAL RESOURCES FROM FORMED WEBSITE/APP



VIDEO PRESENTATIONS

Adventus: A Spiritual Pilgrimage
Documentary of the Holy Land focused on the story of Advent. (30min)
https://app.formed.org/app/videos/1218768

Advent: Rethinking the Season, Dr. Tim Gray, President of the Augustine Institute
Uses storytelling and readings of the Old Testament to explain that we need to live the season of Advent well. (50 min)
https://app.formed.org/app/audios/899704

Spirituality of Advent, Tim Gray
Focuses on joy of waiting for Christ through the readings of Advent Sunday masses. (10 min)
https://app.formed.org/app/videos/1200451

Expectant Mother Mary, Elizabeth Klein
Reflection on Mary as Mother of Jesus and our own mother in our life in Christ. (6 min)
https://app.formed.org/app/videos/1233365

Preparing for Advent, Dr. Ben Akers
Conversations with Dr. Tim Gray about how we can prepare our hearts for Advent. (32 min)
https://app.formed.org/app/videos/1879805

What Catholics Believe About Advent
Father Chris Martin addresses the biblical infancy narratives, Old Testament prophecies, the reality of Jesus as a historical person, and the meaning of the Incarnation. 12 minutes.
https://app.formed.org/app/videos/3871483

Prepare Your Heart: Advent with Fr. Augustine Torres.
Uses Franciscan spirituality to guide one closer to God. Six 5 minute sessions.
https://app.formed.org/app/collections/1129975

E-BOOKS

Come Lord Jesus: Meditations on the Art of Waiting
Reflections by an Abbess of a Poor Clare Monastery.
https://app.formed.org/app/collections/115873

Advent of the Heart: Seasonal Sermons and Prison Writings, by Alfred Delp
Martyred by Nazis in 1945.
https://app.formed.org/app/ebooks/114463

AUDIO PRESENTATIONS

Prepare the Way of the King, Scott Hahn
Focus on what scholars know now about shepherds, Magi, and King Herod. (45 min)
https://app.formed.org/app/collections/116240

Advent Word Study
Brief reflections on familiar Advent biblical words of peace, hope, joy, and love.
(4 part - 4 minute sessions)
https://app.formed.org/app/collections/1130526

Prepare the Way of the King, Scott Hahn
Bishop Robert Barron unpacks the profound Scriptural readings through the Sunday liturgies. 1 hr.
https://app.formed.org/app/audios/576384



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VIDEO SERIES

Augustine Institute Bible Conference: Season of Advent
Scripture scholars and Institute faculty discuss various facets of Advent. Six 30-minute episodes.
https://app.formed.org/app/collections/1125799

Rooted: Daily Advent reflections using Jesse Tree model
Introduces ancestors of Jesus, includes Scripture passages, and offers practical reflections. 6-7 minutes daily during Advent.
https://app.formed.org/app/collections/942930

How To Advent
4-part series highlighting the rich traditions of Advent and how they help us prepare our hearts for the coming of Jesus. 12-15 minutes each.
https://app.formed.org/app/collections/1452578

Tell Me About Your Advent Traditions
Faculty from the Augustine Institute converse about wreaths, prayer, fasting, and O Antiphons. Three 12 minute sessions.
https://app.formed.org/app/collections/1141187

Adore: Advent with Fr. John Barns
Reflections on themes of Advent: watchfulness, preparation, nearness, and Emmanuel. Four 12 minute sessions.
https://app.formed.org/app/collections/1129017

Encountering Emmanuel. Heather Khym, co-host of Abiding Together podcast
Reflection on reasons for the Incarnation. Six 5 minute sessions.
https://app.formed.org/app/collections/1072206

Behold: Advent with Sr. Miriam Jones
Themes of motherhood, fatherhood, childhood, and stable. Six 10 minute episodes.
https://app.formed.org/app/collections/773096

CHILDREN/FAMILY OFFERINGS

Marcum's Advent & Christmas Special
Fr. Mark instructs all the "little saints" about the importance of Advent as we make our journey to Christmas. (9 episodes, 5-15 minutes each)
https://app.formed.org/app/collections/955570

Brother Francis Presents the Days of Advent
An animated series in 3-5 minute episodes for each day of Advent.
https://app.formed.org/app/collections/115553

Drawing Closer to God
Ms. Kim leads children through the Advent season by teaching them to draw the varied symbols associated with Advent. Series begins with drawing the Advent wreath; coloring pages are provided. (7 episodes of 15-30 minutes each)
https://app.formed.org/app/videos/2968618

Presentations from the Catholic Mom's Summit
Various topics addressed, such as the littleness of Advent, embracing the season of waiting, how to adopt Mary's life-changing spirit. (6 episodes, ranging from 10-45 minutes each)
https://app.formed.org/app/videos/2343306?cid=793584

Making Advent Great for Kids
Dr. Tim Gray talks with Paul McCusker, the author of The Best Advent Ever, a book which helps kids to experience Advent as a joyful season of preparation for Christmas. 20 minutes.
https://app.formed.org/app/videos/1200449