

# In-Person Lenten Opportunities

#### Ash Wednesday Mass Times on March 2, 2022:

6:30am; 8:00am; 10:00am (All School Mass); 7:00pm **Enough:** Join our women's ministry 3<sup>rd</sup> Tuesday of the month from 7:30-9:00pm in the Church. It's a great opportunity for prayer, music, and worship with other ladies in our community.

First Friday Eucharistic Adoration: The Blessed Sacrament is exposed following the 8:00am Mass until 7:00pm in the Church. All are welcome.

**The Chosen:** Meets at 3pm in the Gathering Space on Thursdays to discuss an episode of the widely acclaimed video depicting an interaction of a person in the Gospel with Jesus. (Fr. Johnson is the leader)

**Stations of the Cross:** All are welcome to join us at 7:00pm in the Church on Friday, March 4 & 25 and April  $8^{th}$ .

**Spiritual Direction:** Fr. Johnson is offering monthly spiritual guidance to discuss building a stronger relationship with our God in our daily lives. Call 314-635-2506 to set up an appointment. **Lenten Reconciliation Service:** Begins with a prayer service at 6:30pm on Monday, March 28 in

the Church. We will provide multiple priests for confessions.

## Mass Schedule

Weekday (Monday-Friday): 6:30am and 8:00am

Saturday mornings: 8:00am

Weekend Masses: 5:00pm on Saturday

7:30; 9:00; 11:00am on Sunday

#### Live Streamed Masses

6:30am Daily Mass and Saturday 5:00pm and Sunday 7:30am weekend Masses are livestreamed. Our live stream and previously streamed Masses can be found at <a href="mailto:stjustinmartyr.org/YouTube">stjustinmartyr.org/YouTube</a>

# Confessions in the Church

Saturday's: 4:00 - 4:45pm or anytime by appointment

## Virtual Stations of the Cross

#### Stations of the Cross for Children:

https://www.loyolapress.com/catholicresources/liturgical-year/lent/stations-of-thecross/multimedia-stations-of-the-cross-for-children/

Stations of the Cross for Kids: (12 min Video) https://www.youtube.com/watch?v=IY2hcqxh7IA

Stations of the Cross: Overcoming Racism https://www.usccb.org/resources/stations-crossovercoming-racism

Walking the Stations of the Cross this Lent: https://www.osvnews.com/2020/02/27/walking-the-stations-of-the-cross-this-lent/

## Lenten Resources for Families

**Share the Journey Lenten resources:** Videos and digital retreats to help families live Pope Francis' invitation to care for the refugee and migrant during their Lenten journey.

https://www.crsricebowl.org/share-the-journey

Lent at Home: Activities for Busy Catholic Families: Simple ideas for Lent including crafts, mealtime sharing, reaching out in kindness and reading for families. https://www.loyolapress.com/catholic-resources/liturgical-year/lent/activities-and-resources/lent-at-home/

#### **Holy Heroes Lenten Adventures:**

https://holyheroes.com/pages/lenten-adventure Discover family Lenten resources for preparation and celebration: https://www.sadlier.com/religion/lentenresources



# At-Home Lenten Devotions from Formed

**Me and My House:** Is a practical game plan for Catholic parents who are struggling with all the things that parents struggle with. We challenge you to do little things. To make little changes that will make a huge impact on your family.

**Forgiven:** The Transforming Power of Confession, explores the grace and healing offered in Confession and shows how this sacrament of mercy reveals the depth and bounty of God's love.

**Elements of the Catholic Mass:** Is designed to help the faithful better appreciate the beauty of the Mass featuring Fr. Douglas Martis.

**Lent with Brother Francis for children:** Learn and pray with Brother Francis during this Lenten season.

**Mary of Nazareth:** This is an epic motion picture on the life of Mary, Mother of Christ, from her childhood through the Resurrection of Jesus.

FORMED.ORG - SJM provides free access to this material. Sign up now!

Begin by going to  $\underline{www.formed.org}$  and then follow the steps below.

- 1. Sign up (right side of website)
- 2. Click on middle button-- sign up as a parishioner
- 3. Type in St. Justin Martyr
- 4. Click on the address 11910 Eddie and Park Road
- 5. Click next
- 6. Type in your name and email address
- 7. Click sign up

# Catholic Podcast: Audio Insights

Eyes on Jesus with Archbishop Allen H. Vigneron The Bible in a Year by Fr. Mike Schmitz Catholic Sprouts: Daily Podcasts for Catholic Kids Word on Fire Show: Catholic Faith and Culture Ask Fr. Josh: Your Catholic Question and Answer

### Lent in Your Inbox

"Best Lent Ever 2.0" from Dynamic Catholic: Each day, participants in this free email program will receive short videos from Matthew Kelly that unpack "the generosity habit" and inspire them to declutter their life and fill their soul with God's unfailing love. https://www.dynamiccatholic.com/lent.html

**Daily Lent Reflections from Bishop Barron:** Catholic Ministries: Reflect daily on Christ's journey to Calvary from the comfort of your office chair or living room couch. <a href="https://dailycatholicgospel.com/lent-reflections-2022">https://dailycatholicgospel.com/lent-reflections-2022</a>

**Living Lent Daily:** Pray with Fr. Joe Tetlow, SJ, in our *Living Lent Daily* series for 2022. We'll explore the Examen and direct our attention to Jesus' experience of the Passion. This is a wonderful way to experience Lent during this Ignatian year.

https://www.loyolapress.com/catholic-resources/liturgical-year/lent/living-lent-daily/

### Virtual Retreats

Lent Online Retreat: Journey to Inner Freedom

Date: March 5<sup>th</sup> from 9:30am-11:30am

Registration: https://yanktonbenedictines.org/online-

lent-retreat/

Along the Way: Online Lenten Retreat

Dates: Tuesday, March 8 - Friday, March 11

Time: 1:00-2:15 EST on Zoom

Registration: https://www.bc.edu/content/bc-

web/centers/church21/programs/Along\_the\_Way\_An\_

Online\_Lenten\_Retreat.html

A Journey Through the Stations of the Cross Virtual Retreat in the Holy Cross Tradition:

**Dates:** Ash Wednesday and every Sunday during Lent

at 5:00pm CST.

Registration: https://www.holycrossusa.org/holy-

cross-lenten-virtual-retreat/