



## PROMISE TO PROTECT

*Protecting Children and Vulnerable Adults in the Archdiocese of St. Louis*

### **Pastoral Care Resources and Support Opportunities**

It is likely you will experience several emotions in reaction to the news. Understand this is normal and take care of yourself during this time. The sadness, disappointment or anger you may be experiencing can be compounded by solitude. Please reach out to each other for support. Your leadership is essential to your people during this time.

Know that you have the support of Archbishop Carlson and other administrators. Let them know if they can be of help. Your main points of contact for assistance are:

- **Sandra Price** regarding protection of children  
Phone: **314-792-7704** Email: [sandraprice@archstl.org](mailto:sandraprice@archstl.org)
- **Father Kenneth Brown** for more personal concerns  
Phone: **314-792-7550** Email: [kennethbrown@archstl.org](mailto:kennethbrown@archstl.org)
- **Peter Frangie** for media questions  
Phone: **314-792-7633** Email: [peterfrangie@archstl.org](mailto:peterfrangie@archstl.org)

Following you will find several possible agencies, departments and personnel who can be contacted for assistance. If you have a need that is not covered please reach out to the Office of Child and Youth Protection and we can assist you. For general information regarding the Archdiocese please visit: <https://www.archstl.org/promise>

#### **MENTAL HEALTH**

*St. Louis Counseling: EAP, Individual and Group Counseling*

- Saundra Barker **314-748-5646**
- Tom Duff **314-748-5673**

*West County Psychological Associates: Individual and Group Counseling, Mediation Services and Educational Workshops.*

- Mary Fitzgibbons **314-275-8599**

*Support Groups for Adult Victims of Child Sexual Abuse:*

Groups begin in September and are open to parishioners and employees. There is no cost to participants and meetings are held at St. Louis Counseling on Watson Rd. Please contact Saundra Barker for more information. **(314) 748-5646**

*Behavioral Health Response:*

Crisis hotline available 24/7 with trained clinicians, mobile outreach, and assistance with accessing mental health services. Services are free to the community. **(314) 469-664 or (800) 811-4760**

**PASTORAL CARE & SUPPORT OPPORTUNITIES**

*The Catholic Renewal Center:*

Ministers to those needing spiritual accompaniment and healing. The CRC offers a variety of opportunities including prayer, workshops and retreats, and referrals for spiritual direction. For more information please call Jane Guenther. **(314) 792-7364**

*The Office of Child and Youth Protection:*

Small group care sessions will be offered for Curia members who are needing a greater level of support. This opportunity would be appropriate for someone who would like a deeper understanding of Archdiocesan prevention efforts, the investigatory process, and more information regarding the work the office does. The sessions will include prayer, support and education. Sessions will be approximately 60 minutes depending on discussion and held in Suite 3700 at the Cardinal Rigali Center. Call Sandra Price for dates and times. **(314) 792-7271**

*Assistance for Families of the Accused:*

Care will also be available for family members of accused clergy who may be struggling with the circumstances surrounding the release of the list. Family members may be referred to Sandra Price for more information. **(314) 792-7271**

*Assistance for Victims of Abuse:*

The Victim's Assistance Coordinator, Carol Brescia, can assist with providing referrals to clinicians offering specialized mental health services and community resources. She is available for consultation and support for working with victims of abuse or to inquire about Healing Prayer Services. **(314) 997-9807**

*Assistance for Pastors, Priests, and the Accused:*

Any priest that is needing additional support for themselves or for their parish is encouraged to contact Rev. Kenneth Brown, Vicar for Priests. **(314) 792-7550**

*Assistance for Deacons:*

Any deacon that is needing additional support for themselves or those they are serving is encouraged to contact Deacon Chris Ast. **(314) 792-7432**

**National Resources:**

Renew International - Small Group Resource "Healing Our Church"

<https://healingourchurch.org/en/>

Bishop Robert Barron - Small Group Resource "Letter to a Suffering Church"

<https://order.sufferingchurchbook.com/order>

USCCB Promise to Protect Podcast

<http://www.usccb.org/issues-and-action/child-and-youth-protection/podcasts.cfm>